East Orange Child Development

January 2025

Breakfast Menu Ages 3-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Happy New Year	Cinnamon Chex Mandarin Oranges 1%/FF Milk	Blueberry Muffin Peaches 1%/FF Milk
6	7	8	9	10
Cheerios Oranges 1%/FF Milk	Kix Pears 1%/FF Milk	French Toast Sticks Peaches 1%/FF Milk	Rice Krispies Banana 1%/FF Milk	Corn Muffin Apples 1%/FF Milk
13	14	15	16	17
Rice Chex Peaches 1%/FF Milk	Bran Muffin Mandarin Oranges 1%/FF Milk	Oatmeal Pears 1%/FF Milk	Kix Apples 1%/FF Milk	Waffle Banana 1%/FF Milk
20	21	22	23	24
School Closed	Banana Muffin Apples 1%/FF Milk	Bagel w/Cream Cheese Peaches 1%/FF Milk	Rice Krispies Banana 1%/FF Milk	Cinnamon Chex Mango 1%/FF Milk
27	28	29	30	31
Cheerios Pears 1%/FF Milk	Hard Boiled Egg Cinnamon Bread Apples 1%/FF Milk	Pancakes Pears 1%/FF Milk	Cinnamon Chex Oranges 1%/FF Milk	Cornflakes Banana 1%/FF Milk

CHILDREN OFFERED WATER EVERYDAY // CHILDREN WITH ALLERGIES WILL BE GIVEN AN APPROPRIATE SUBSTITUTE

Menu subject to change based on availability

East Orange Child Development

January 2025

Lunch Menu Ages 3-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
			Chicken Nuggets	Cheesy Bread w/Marinara
			French Fries	Green Beans
			Applesauce	Pears
			1%/FF Milk	1%/FF Milk
6	7	8	9	10
Hamburger on WW Bun	Chicken Teriyaki	Turkey Ham and Cheese	Turkey Swedish Meatballs	Cheese Pizza
French Fries	Rice	Sandwich on WW Bread	Egg Noodles	Tossed Salad w/Italian Dressing
Apples	Vegetable Medley	Carrots	Peas	Apricots
1%/FF Milk	Mandarin Oranges	Pears	Pineapple	1%/FF Milk
	1%/FF Milk	1%/FF Milk	1%/FF Milk	
13	14	15	16	17
Chicken Tenders	Meatloaf w/Gravy	Honey Turkey	Yellow Rice and Black Beans	BBQ Chicken Wrap
Hawaiian Roll	WW Bread	Cheddar Cheese Cubes	Plantains	Lima Beans
Broccoli	Mashed Potatoes	Ritz Crackers	Oranges	Peaches
Apples	Pineapple	Carrots + Grapes	1%/FF Milk	1%/FF Milk
1%/FF Milk	1%/FF Milk	1%/FF Milk		
20	21	22	23	24
School Closed	Wedge Fish	Chicken and Cheese Sandwich	Herbed Chicken	Quesadilla
	WW Bun	on WW Bread	Brown Rice	Corn and Tomato Salad
	Tater Tots	Sliced Tomatoes	Vegetable Medley	Pears
	Pineapple	Raisins	Mandarin Oranges	1%/FF Milk
	1%/FF Milk	1%/FF Milk	1%/FF Milk	
27	28	29	30	31
Chicken Nuggets	Chili	Turkey Pastrami on Rye Bread	Macaroni and Cheese	Turkey Meatball Sub
French Fries	Corn Bread	Carrots	Stewed Tomatoes	Broccoli
Applesauce	Cauliflower	Mango	Peaches	Pineapple
1%/FF Milk	Oranges	1%/FF Milk	1%/FF Milk	1%/FF Milk
_,,,	1%/FF Milk			-

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Snack Menu Ages 3-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
			Animal Crackers	Pretzels
			100% Pineapple Juice	100% Strawberry Kiwi Juice
6	7	8	9	10
Goldfish 100% Mixed Berry Juice	Ritz Crackers Cheese Stick	Chex Mix 100% Tangerine Juice	Graham Crackers Yogurt	Strawberry Oatmeal Bar 100% Pineapple Juice
13	14	15	16	17
Savory Bites (Crackers)	Cheez-its	Tortilla Chips	Club Crackers	Graham Crackers
100% Mixed Berry Juice	100% Apple Juice	Guacamole	Cheese Stick	Yogurt
20	21	22	23	24
School Closed	Pretzels	Early Dismissal	Ritz Crackers	Animal Crackers
	100% Mixed Berry Juice		Cheese Stick	Mixed Fruit
27	28	29	30	31
Sun Chips	Naan	Cheese Crackers	Apple Cinnamon Oatmeal Bar	Animal Crackers
100% Tropical Juice	Hummus	100% Strawberry Kiwi Juice	Yogurt	100% Pineapple Juice

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Registered Dietitian Approval